

Category (Salads)

Orange Cottage Cheese Salad

Submitted by (Arlea Carmack)

Recipe

- 1 24 oz carton small curd cottage cheese
- 1 8 oz carton reduced fat whipped topping
- 1 large package sugar free orange jello
- 1 15 oz can mandarin oranges, drained ½ c pecans, if desired

Mix cottage cheese, whipped topping and jello together in a medium sized bowl. Fold in oranges and pecans. Refrigerate an hour before serving.

Grocery List

(Ingredients you need from the store for recipe and any side dish you might add.)

Side dish

(Optional: Any suggestions of foods that might go well with the main dish.)

Tips/Helpful hints

(Any ideas that might be helpful to know when making this recipe.)